HEALTH & WELLNESS ACTION TEAM

	Vision Statement 7: Healthier food options are accessible, affordable and locally sourced.			
Year	Action Steps	Performance Measure	Collaborating Partners	Lead Partners
	Strategy 7.1: Recru	it existing and new Grocery stores to provide	e healthy food options at affordable prices.	
17	7.1.1. Identify current locations which offer grocery food choices.	Grocery stores are identified, listed, and mapped for the eight neighborhoods.	South Indy Neighborhood Associations, Marion County Health Department (MCHD), Indy Food Council, City of Indianapolis Food Policy & Program Coordinator	UIndy / South Indy Director
17, 18	7.1.2. Audit healthy food choices (and prices); prioritize desired foods at existing grocery stores.	Report of healthy food choices (and prices); survey of residents' desired foods at existing grocery stores completed.	South Indy Neighborhood Associations, Purdue Extension, grocery stores	UIndy / South Indy
17	7.1.3. Locate potential local healthy food suppliers.	Healthy food suppliers: farmers markets, grocery stores, urban gardens, and market stands, are identified, listed, and mapped for the eight neighborhoods.	Urban Farms, Indy Food Council, Growing Places Indy, Indy Winter Farmer's Market, We Grow Indy, City of Indianapolis Food Policy & Program Coordinator	Garfield Park Farmer's Market
17,18, 19, 20, 21	7.1.4. Advocate the importance of healthy food options in the community and work with elected officials to promote South Indy as a place of need as new legislation emerges	Document number of opportunities utilized for education and advocacy around healthy food options.	Mayor's Neighborhood Advocates, State Representatives to the Indiana General Assembly, Purdue Extension	UIndy / South Indy
17, 18, 19, 20, 21	7.1.5. Collaborate with Shelby Street and Madison Avenue Action Teams to inventory potential land for new construction or redevelopment to entice & recruit potential grocery store chains and retailers.	Available land is inventoried and presented for new/redeveloped grocery store chains or retailer options.	Shelby Street Action team, Madison Ave Action team, South Indy Neighborhood Associations, City of Indianapolis DMD, Mayor's Neighborhood Advocates	Riley Area Development Corporation / SEND
18, 19, 20, 21	7.1.6. Promote information and opportunities through South Indy QoL communication channels.	Information disseminated on southindy.org, social media and in newsletter.	Southsider Voice, Southside Times, Urban Times, Community Building Action Team, South Indy Neighborhood Associations	UIndy / South Indy
	Strategy 7.	2: Develop available land as a location for urb	pan farming or community gardens.	
17, 18	7.2.1. Identify current community gardens and urban farms.	Community gardens and urban farms are identified, listed, and mapped for the eight neighborhoods.	Urban farms, Purdue Extension, We Grow Indy, South Indy Neighborhood Associations, farmer's markets	Garfield Park Farmers Market

17, 18, 19	7.2.2. Collaborate with Shelby Street and Madison Avenue Action Teams and Renew Indianapolis to inventory and map available land/empty lots.	1	Shelby Street Action team, Madison Ave Action team, South Indy Neighborhood Associations, Renew Indianapolis, Mayor's Neighborhood Advocates, Indy Parks and Recreation	UIndy / Community Builder
18	7.2.3. Contact land/lot owners about community garden/urban farm possibilities.	List of potential lots created.	South Indy Neighborhood Associations, Indy Parks and Recreation, Renew Indianapolis, Indy Food Council - Urban Garden Program	Ulndy /South Indy HEALTH
18, 19, 20, 21		One new urban farm is developed in South Indy.	Urban farms, Indy Food Council, Purdue Extension, We Grow Indy, Shelby Street Action Team, Madison Avenue Action Team	Ulndy / South Indy Ulndy /South Indy
18, 19, 20, 21	7.2.5. Engage schools and churches to promote use of their land for gardening and farming including Farm-to-School programs.	Efforts result in one new church garden and one new school garden.	IPS Schools, Neighborhhod Associations, Farm-to-School network, Purdue Extension, local churches, local schools, Indiana Department of Education (DOE) Farm to School program	ACTION
18, 19, 20, 21	7.2.6. Connect South Indy residents to Purdue Extension Urban Agricultural Program.	1-2 residents in South Indy are engaged in the program annually.	Urban farms, Purdue Extennsion - Master Gardeners, Central Indiana Community Foundation, Indy Food Council, South Indy Neighborhood Associations	Ulndy /South Indy
19, 20, 21	7.2.7. Promote information and opportunities through South Indy QoL communication channels.	Information disseminated on southindy.org, social media and in newsletter.	Southsider Voice, Southside Times, Community Building Action Team, South Indy Neighborhood Associations	Ulndy /South Indy
	Strategy 7.3: Reducing food waste i	n food pantries by utilizing healthy foods gro	wn in urban farms, community gardens and home garde	ns.
17, 18	7.3.1. Identify and map food pantries.	Lists and maps of food pantries are generated for all 8 neighborhoods.	Indiana State Department of Health, SAVI, St. Vincent DePaul, Indiana Hunger Network, City of Indianapolis Food Policy and Program Coordinator	UIndy /South Indy
19, 20,	7.3.2. Survey food pantries and develop resource guide for hours of operation, food acceptance policies, capacity, and needs.	Survey and resource guide completed and reviewed annually.	Food pantries, South Indy Neighborhood Associations, St. Vincent DePaul, Ulndy Department of Public Health, Gleaners	UIndy /South Indy
17, 18, 19, 20, 21	1	An educational class in South Indy will be hosted annually.	Gleaners Food Bank of Indiana, Purdue Extension, MCHD, Food pantries, local hospitals, Garfield Park Baptist Church, Diversity Church	Ulndy

18, 19	•	Document number of food producers donating produce.	Food Rescue, Second Helpings, food pantries, Gleaners Food Bank of Indiana, Urban farms, Community Harvest Food Bank	UIndy /South Indy	
18, 19, 20, 21	7.3.7. Promote information and opportunities through South Indy QoL communication channels.	Information disseminated during gardening season (April-August) on southindy.org, social media and in newsletters.	Southsider Voice, Southside Times, Community Building Action Team, South Indy Neighborhood Associations	Ulndy /South Indy	HEALTH
19, 20, 21	7.3.4. Encourage food pantries to develop a model for fresh food production/procurement for their own food pantry distribution.	3 food pantries will adopt a fresh food production/procurement model.	Food pantries , Garfield Park Baptist Church, Purdue Extension, City of Indianapolis Food policy and Program Coordinator, Diversity Chuch	Ulndy /South Indy	I & WELLNESS
19	7.3.5. Develop and distribute community outreach on the importance of resident donation of excess grown foods to food pantries through community meetings, social media, little food pantries, etc.	Educational information/handouts distributed.	South Indy Neighborhood Associations, Food pantries, Purdue Extension & urban farmer educators	UIndy /South Indy	ACTION TEAM
		Strategy 7.4: Increase individual home gar	dening in South Indy.		
17	7.4.1. Identify resources available for home gardening.	List of home gardening resources identified in all eight neighborhoods.	Purdue Extension Master Gardener Program, Local gardening/greenhouse organizations, Indy Food Council	UIndy / South Indy Director	
17, 18, 19, 20, 21	7.4.9. Promote information and opportunities through South Indy communication channels.	Information disseminated on soindy.org social media and in newsletters.	Southsider Voice, Southside Times, Community Building Action Team, South Indy Neighborhood Associations	UIndy / South Indy	
18, 19	7.4.2. Collaborate with the library, local schools, and Purdue Extension to educate residents on benefits of home gardening.	One home gardening educational program held annually, 5 South Indy residents participate and implement practices learned.	Garfield Park Library, IPS and other schools, Purdue Extension	South Circle Farms	
18, 19, 20, 21	7.4.3. Educate residents on the appropriate resources for soil testing.	Survey and calculate percentage of residents using soil testing services.	IUPUI - Dr. Gabe Filippelli, Marion Co Health Department, Garden Safe Garden Well	UIndy / South Indy	

	7.4.6. Encourage 4-H participation for children; Master Gardener participation for adults and children; Master Preserver participation for adults.	Increased participation by South Indy residents annually.	l	UIndy / South Indy
	7.4.7. Host sessions on healthy food preparation and how to save for the future when food is in abundance.	Sessions hosted for South Indy residents annually.	Purdue Extension/ Master preserver, Growing Places Indy, MCHD, Ulndy Health Pavilion	South Circle Farms
18, 19, 20, 21	7.4.8. Host a community day for South Indy residents with resources and education readily available for home gardening.	Community day hosted annually prior to gardening season.	Ulndy Health Pavilion, Friends of Garfield Park, City of Indianapolis Food policy and Program Coordinator, Garfield Park Farmers Market	South Circle Farms
	7.4.4. Locate and work with greenhouses to provide discounts to residents who garden at home.	5 area Greenhouses to provide discounts to South Indy residents.	Local gardening/greenhouse organizations	Ulndy / South Indy
19, 20, 21	7.4.5. Develop garden assistance teams that can spend ½ day with a homeowner to get their garden started	One garden asistance team is developed and sustained for seasonal work.	South Indy Neighborhood Associations, Purdue Extension/Master Gardener, Boy/Girl Scout Troops, 4-H clubs, Garfield Park Conservatory	Ulndy
	Vision Statement 8: Recre	ational places and fitness programs are a	ccessible to individuals of all ages and abilities.	
Str	ategy 8.1: Expand the built environment in	ncluding green and recreational spaces and p	olayground equipment at parks and schools to increase c	onnectivity.
17,18	8.1.1. Identify and map existing recreational spaces.	Existing recreational spaces are ID'd and mapped for all eight neighborhoods.	Hoosier Environmental Council	UIndy / South Indy
17, 18, 19	8.1.2. Survey walkability and barriers to access and connectivity in existing recreational spaces.	Survey Completed with participation from all eight neighborhoods.	South Indy Neighbrohood Associations, Connectivity Action Team, Health by Design	Big Car
19, 20,	8.1.4. Identify grant opportunities and locate funding resources already in place to fund improvements in existing recreational spaces such as purchasing new equipment and benches.	ID/Locate five funding sources and prioritize improvements needed in 100% of parks and public spaces.	Keep Indianapolis Beautiful, Indy Parks & Recreation, CICF, Nina Mason Pulliam Trust, Lilly Foundation (Day of Service), Reconnecting to our Waterways (ROW), Friends of Garfield Park	Ulndy / South Indy

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18	8.1.5. Advocate connecting existing trails including Garfield Park, Fountain Square, Cultural Trail, Monon Trail, Ulndy Health Loop and proposed interurban trail.	Connectivity between all parks and public spaces is included as part of the South Indy Connectivity Plan.	Connectivity Action Team, Health by Design, Indiana Trails, DPW, Indy Parks and Recreation	Garfield Park Neighbors
19, 20, 21	8.1.3. Work with City of Indianapolis on accessibility challenges (wheelchair ramps, crosswalks, etc.) and repairs.	Non ADA compliant infrastructure is documented.	Indiana citizens alliance for transit (ICAT), City of Indianapolis DPW, South Indy Neighborhood Associations, South Indy City-County Councillors, Connectivity Action Team, IndyGo, Ball State University College of Architecture and Planning, Health by Design	Ulndy WELLNESS
20, 21	8.1.6. Investigate feasibility for a dog park.	One dog park created and maintained in South Indy.	Indy Parks & Recreation, Mayor's Neighborhood Advocates, Shelby Street Animal Clinic, FIDO, Animal Care Services, DBNS	Ulndy / South Indy Ulndy Ulndy
20, 21	8.1.7. Host community walks or events to promote recreational spaces and fitness programs.	Document number of walks hosted to promote recreational and fitness program stations.	Health by Design, Indianapolis Hiking Club, Indy Parks & Recreation, Local Schools, YMCA, Big Car, ROW, Friends of Garfield Park, South Indy Neigborhood Assocations	Ulndy
	8.2: Wellness organizations	and businesses in South Indy will offer affor	dable fitness programming to South Indy residents.	
17, 18	8.2.1. Indentify existing fitness programming/locations	Inventory complete with map of all fitness centers and program locations.	Indy Parks & Recreations, YMCA, Planet Fitness, Burrello Center, Ulndy HP, Sports Leagues, exercise and dance studios	Ulndy
17, 18	8.2.4. Identify land in South Indy QoL area that could be developed to encourage/provide physical activity engagement.	Available land is identified and mapped.	Shelby St Action team, Madison Ave Action Team, Mayor's Neighborhood Advocates, Wellness Council of Indiana	UIndy / South Indy
18,19, 20, 21	8.2.3. Advertise existing fitness programming/locations and discounts.	Information disseminated on southside.org, social media and in newsletters.	, ,	UIndy / South Indy
19, 20, 21	8.2.2. Negotiate discounts at current fitness locations for QoL residents.	100% of South Indy Fitness Centers offer membership or class discounts to Souht Indy residents.	Indy Parks & Recreation, YMCA, Planet Fitness, Burrello Center, Ulndy HP, Sports Leagues, exercise and dance studios	UIndy / South Indy

20, 21	8.2.5. Expand fitness programs that are accessible to all South Indy residents regardless of age, income or ability.	2-3 new fitness programs are made available to South Indy residents.	Wellness Council Indiana, CICF, Lilly Foundation	UIndy / South Indy
		tement 9: Improving environmental issue		
			ng key environmental issues to foster community pride.	E
17, 18	9.1.1. Identify key environmental players.	Environmental advocacy partners identified.	Hoosier Environmental Council (HEC), SAVI, IU Fairbanks School of Public Health, Marion Co. HD	Ulndy / South Indy Director
17, 18	9.1.4. Reduce litter for Garfield Park, trails, and neighborhoods.	Host one annual South Indy Clean-Up.	HEC Green Business Program, IDEM Office of Pollution Prevention, Indianapolis Chamber - Green Business Initiative, Reconnecting to our waterways, Environmental consulting firms, FOGP	Garfield Park Neighbors WELLNESS A
18	9.1.2. Inventory and map environmental assets and challenges.	South Indy environmental map is created.	South Indy Neighborhood associations, South Indy QoL Leadership, Mayor's Neighbood Advocates	Ulndy / South Indy Ulndy / South
18	9.1.3. Create a list of residents to contact elected officials on environmental issues to advocate for policy which support healthy neighborhoods.	Participation from all eight neigborhoods.	Friends of Garfield Park (FOGP), Keep Indianapolis Beautiful, Indy Parks & Recreation, South Indy Neighborhood associations, Earth Day Indiana	Ulndy / South Indy
19, 20	9.1.5. Investigate strategies for water quality accountability and resolutions for businesses.	At least one water quality accountability strategy identified by way of business resolution with an initial 25% of businesses signed on.	HEC Green Business Program, IDEM Office of Pollution Prevention, Indianapolis Chamber - Green Business Initiative, Reconnecting to our waterways, Environmental consulting firms	UIndy / South Indy
19, 20	9.1.6. Investigate strategies for air quality accountability and resolutions for businesses.	At least one air quality accountability strategy identified by way of business resolution with 25% business participation.	HEC, IDEM, Indianapolis Chamber - Green business, IUPUI soil testing, Environmental consulting firms, Purdue Extension, Marion Co HD	Ulndy / South Indy
19, 20	9.1.7. Investigate strategies for land quality resolutions including lead testing and gardening hazards.	At least one land quality accountability strategy identified by way of business resolution with an initial 25% of businesses signed on.	South Indy Neighborhood associations, DPW, Envirnmental consulting firms, HEC - MWL task force, IDEM	Ulndy / South Indy

20, 21	9.1.8. Investigate strategies for South Indy environmental issues such as: metal working lubricant odor, Bean Creek, well testing, improve "No Dumping" signage on storm drains, medication take back events, gas station assessment and leak prevention steps.	Collaborate with state and local agencies to develop remediation strategies for South Indy environmental issues.	South Indy Neighborhood associations, City of Indianapolis- DPW, environmental consulting firms, HEC, IDEM	UIndy / South Indy
Visio			s to healthcare options and increasing diversity of a	
47.40		thside community advocacy group will be de		Lillingh . / Courth
17, 18, 19	indicating specialties.	Document existing health care providers in South Side Quality of Life Plan area.	MCHD, ISDH, MNA, South Indy Neighborhood associations, Major hospital networks	
17, 18	10.1.3. Survey residents to identify healthcare accessibility needs/wants, special populations (aging population, veterans, etc.).	As many residents as possible are surveyed utilizing neighborhood associations and SQoL lists.	Neighborhhod associations, Christopher Peiffer - IUPUI, Concord Center, Joy's House, Southeast community services, Ulndy, Perry senior services	Indy Director Community Health Network (CHN)
18, 19	10.1.2. Create resident resource guide on how to choose a healthcare provider and where providers are located.	A healthcare resource guide is made available to all eight neighborhoods.	Ulndy, MCHD, ISDH, HIP/FSSA	U Indy / Community Hospital
18, 19	10.1.4. Investigate MCHD hospital discharge data for healthcare issues.	A list of needed health care specialities is created to recruit services in South Indy.	MCHD, Ulndy, South Indy QoL Leadership	CHN
19, 20, 21	10.1.5. Investigate locations for new healthcare facility locations and increase services of the U Indy Health Pavilion.	Locations or "areas" list created based on gaps in current providers. U Indy Health Pavilion services available to all South Indy residents.	Shelby St. Action Team, Madison Ave. Action Team, major hospital networks, federally qualified health centers, Ulndy Health Pavilion	CHN
19, 20, 21	10.1.6. Create an advocacy group for healthcare provider recruitment.	Advocacy group created.	South Indy Neighborhood associations, South Indy QoL Leadership, MNA	Ulndy /South Indy